

Child Care Resource & Referral Region 2 Staff

Waterloo Office - Serving all Counties in Region 2

MariLynn Pierce, Director
Jane Dahlhauser, Child Care Home Consultant
Nancy Dunn, Training Coordinator
Mary Janssen, Quality Rating System Specialist
Brenda Loop, Regional Data Services Coordinator
Marsha Platt, Child Care Nurse Consultant
Sara Schutt, Parent/Provider Services Coordinator
Amy Bentley, Child Care Training Specialist
Beth Hanisch, Infant Toddler Specialist
Lora Tupy, Secretary/Receptionist
Melissa Ellis, Parent/Provider Services Coordinator
Cathy Ketton, Professional Development Coordinator

Waterloo Office - Serving Black Hawk County

Sarah Boleyn, Inclusion/Temporary Care Coordinator
Curt Buhr, Black Hawk Training Coordinator
Becky Elson, Early Childhood Community Liaison
Lana Jovic, Child Care Home Consultant
Jen Schwenneker, Child Care Home Consultant
Lori Tapke, Child Care Home Consultant
Nancy Thomas, Child Care Nurse Consultant
Ange Miller, Child Care Nurse Consultant

Forest City Office - Serving Winnebago County

Shelly Skjeie, Resource Development Coordinator

Independence Office - Serving Buchanan, Delaware, & Fayette Counties

Keri Griswold, Resource Development Coordinator
Marianne Hickey, Child Care Nurse Consultant
Cindy Thompson, Parent Services Coordinator (serves all counties in Region 2)
Lisa Wood, Resource Development Coordinator

Dubuque Office - Serving Dubuque County

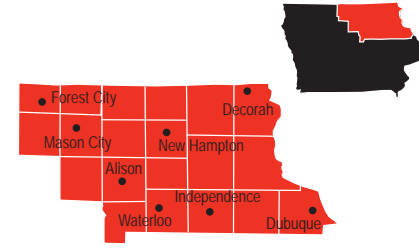
Tara Roddick, Director
Cherie Kennedy, Program Coordinator
CJ Burroughs, Parent/Provider Services Coordinator
Cyd Klein, Child Care Nurse Consultant
Kacey Wiest, Child Care Home Consultant/Respite Coordinator
Kim Gonzales, Child Care Nurse Consultant

Allison Office - Serving Bremer, Butler, Franklin, & Grundy Counties

Joy Dralle, Early Childhood Community Liaison
Sherri Pavelec, Resources Development Coordinator
Jamie Riffey, Child Care Nurse Consultant
Lynne Thompson, Parent Services Coordinator (serves all counties in Region 2)

New Hampton Office - Serving Floyd, Mitchell, & Chickasaw Counties

Sara Noehl, Resource and Development Coordinator



Mason City Office - Serving Cerro Gordo, Hancock, & Worth Counties

Lori Westcott, Early Childhood Community Liaison (serves all counties in Region 2)
Molly Stockberger, Child Care Home Consultant (serves all counties in Region 2)
Wendy Taylor, Child Care Nurse Consultant (serves Hancock, Mitchell, Winnebago, Cerro Gordo, and Worth counties)
Anne Plagge, Quality Rating System Support Specialist

Decorah Office - Serving Allamakee, Clayton, Howard, & Winneshiek Counties

Teri Orr, Child Care Center Consultant
Julie Munkel, Child Care Home Consultant
Monica Preston, Child Care Nurse Consultant (also serves Chickasaw county)



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Child Care Resource & Referral of Northeast Iowa

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news & views

Winter 2008

A newsletter for people who care for children • Visit us online at www.neiowachildcare.org

New: Professional Development Advising Program

Iowa Child Care Resource & Referral, Iowa Association for the Education of Young Children, and the Iowa Department of Human Services are excited to announce the establishment of a Professional Development Advising Program in Iowa. This program will help those employed in early care and education obtain a Child Development Associate credential (CDA) and higher education degrees. This program is made possible through professional development funding through the Iowa Office of Empowerment.

Each CCR&R region now has a Regional Professional Development Coordinator serving as an advisor for this program. In Region 2, this position has been accepted by Cathy Ketton. Cathy previously served CCR&R as the Professional Development Coordinator for Black Hawk County. In that position she managed the CCR&R Apprenticeship/Degree program, working directly with approximately 35 – 40 child care providers in higher education programs.

Cathy and other local CCR&R staff are available to provide support to individuals employed in child care, Head Start, and pre-kindergarten programs to develop and meet their individual professional development goals. Special emphasis is placed on advice and encouragement in getting a CDA credential and/or completing a degree in an early childhood-related field.

For more information about this exciting and much needed program, please contact Regional Professional Development Coordinator Cathy Ketton, at (319) 233-0804 or (800) 475-0804 ext. 207.

Peek Inside

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PROFESSIONAL

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CCR&R is a program of Exceptional Persons, Inc. Funding provided by the Iowa Department of Human Services through the Child Care Development Fund (93.575) & local Empowerment Area partnerships.



Safe Sleep For Babies

What do bean bag chairs, high chairs, bouncy seats, strollers, infant swings, car seats, and infant carriers have in common? Each of these items was found to be involved in causing serious harm and/or the death of a child less than one year of age.

Sleeping infants in child care should be placed in furniture manufactured for sale in the United States as infant sleep equipment.

Many early educators ask why babies should not sleep in seats and swings. Infant car seats are designed and intended to absorb and distribute crash impact forces over the infant's body while keeping the infant secure in the vehicle during a motor vehicle crash.

Parents and child care providers may not wish to move a baby sleeping in a car seat when they arrive at child care.

However, reviews of infant deaths in passenger restraint devices show the majority of infant deaths in car seats are not occurring when the infant is being transported in a vehicle, but rather when the infant is being cared for indoors.

New research shows blood oxygen drops to levels that can injure brain tissue when infants are sleeping in seats such as swings, car seats, and bouncy seats. In addition, strangulation has occurred when infants are caught in the straps or slip into positions that trap them against hard parts of these devices.

Further, car seats may turn over when the child is left unattended and wiggles during sleep. When the seat turns over, the infant can smother.

Many caregivers believe if a baby is sitting up it will reduce the amount the

baby spits up. Actually, no evidence supports this belief. In fact, one study showed that sitting in an infant seat amounted in more spit up than when lying flat.

Infants who are awake should be placed in a safe play area on the floor. Infants need this tummy time to develop their muscles. Direct supervision is always required no matter what equipment is used.

Infants can suffer serious harm from sleeping in equipment not designed for sleeping. The bottom line is car seats, swings, infant seats and similar devices should not be used as sleep equipment. Transfer infants who fall asleep in one of these devices to a crib, except when the infant is being transported in a vehicle.

Questions about safe sleeping for infants or about health and safety issues? Call Marsha Platt, RN, the Regional Child Care Nurse Consultant at (800) 475-0804 or email at marsha.platt@episervice.org



Visit www.cpsc.gov For the Latest Recalls & More Info

1. Razor® PowerWing™ Three-Wheeled Scooters:

The undersides of the foot platforms can have sharp edges, posing a laceration hazard to children.

2. Simplicity Brand Drop Side Cribs:

Due to sizing problems with the crib's hardware, the drop side can come off the tracks. When the drop side detaches or partially detaches, it creates a hazardous gap, which can lead to infant entrapment and suffocation.

3. MacGregor Folding Soccer Goals, Mitre Folding Soccer Goals:

The fixed knot flexible openings in the soccer goal net can pose a head and neck entrapment or strangulation hazard to young children.

4. Battery Operated Toy "Speed Boats":

The two battery terminals can come into contact with each other, causing the battery to overheat, posing a burn hazard to consumers.

5. Delta Enterprise Drop Side Cribs:

When the safety pegs in the base of each leg of the crib are missing from the lower track, the crib locks can disengage and detach if lowered below the peg hole, creating a hazardous gap. This gap can lead to the entrapment and suffocation of an infant or toddler.

6. Circo Rosette Bobbie Socks:

The ribbon on the sock can detach, posing a choking hazard to young children.




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 Healthy and Well Kids in Iowa

Free or low-cost
 health care for kids

800-257-8563

www.hawk-i.org

Call and Apply Today!

Authentic Caregiving

When your feelings and thoughts do not match your actions, you give babies mixed messages as you care for them.

For example, telling a baby how important he is as you rush while changing his diaper gives the baby two different messages. Giving infants mixed messages confuses them, which is unsettling.

There is value in being real and genuine when relating to babies.

The primary reason is babies absorb information from the world around them. They learn from the adults they relate to and are sensitive to feelings they are surrounded by.

Babies are like barometers for the feelings they encounter in their surroundings. Babies often react to the behaviors and emotions they experience and observe in others.

To make sure you are being authentic with the infants in your care, work on the following goals:

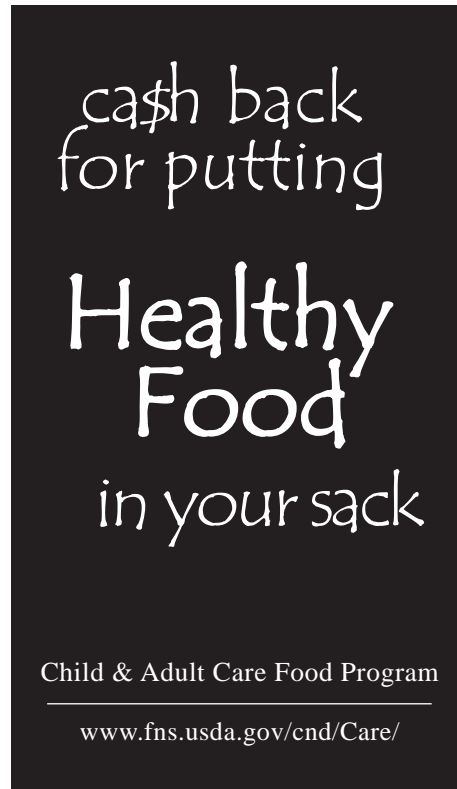
- Develop an awareness of your thoughts and emotions
- Understand the meaning of your thoughts and emotions
- Be true to yourself
- Realize that babies are aware of and sensitive to the behaviors and emotions of the people around them

Babies are keenly aware of and influenced by the people who care for them. How caregivers act and interact with babies affects their development, especially their social and emotional development.

When a caregiver's behavior reflects her true thoughts and emotions, her communication and interactions with babies are clear, and the relationship is authentic.

Understanding yourself is the first step toward understanding babies.

Excerpted from "Being with Babies: Understanding and Responding to the Infants in Your Care" by Beverly Kovach and Denise Da Ros-Voseles.



DHS Rule Change Effective January 1, 2009

The Department of Human Services has updated some child care training rules. The amount of training required has not been changed. The updates are as follows:

- Written requests for hearings for applicants or licensees affected by an adverse action should be directed to the Department of Human Services, Appeals Section, 1305 E. Walnut Street, Fifth Floor, Des Moines, Iowa 50319-0114.
- The content areas listed on training certificates will follow the Child Development Associate content areas.
- Training received for cardiopulmonary resuscitation (CPR), first aid, mandatory reporting of child abuse, and universal precautions will not count toward the required annual training hours.
- A provider cannot use a specific training or class to meet minimum continuing education requirements more than one time every five years.
- A provider who submits documentation from a child care resource and referral agency that the provider has completed the Iowa Program for Infant Toddler Care (IA PITC), ChildNet, or Beyond Business Basics training series may use those hours to fulfill a maximum of two years' training requirements, not including first-aid and mandatory reporter training.
- The department will not approve more than eight hours of training delivered in a single day.
- Training conducted with staff either during the hours of operation of the facility, staff lunch hours, or while children are resting must not diminish the required staff ratio coverage. Staff should not be actively engaged in care and supervision and simultaneously participate in training.

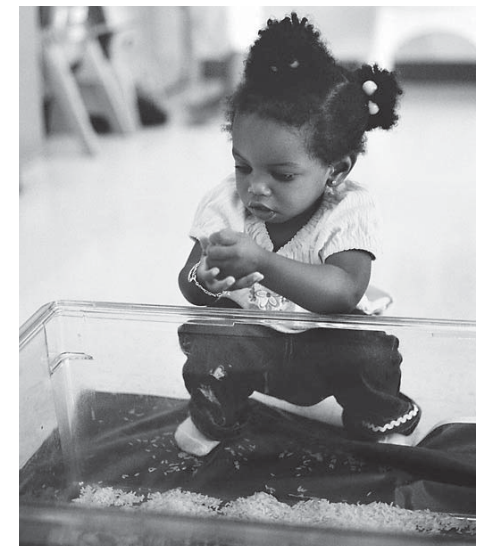
Advocate for Kids Sake

The election may be over, but our work as advocates is not. Millions of children still lack access to health care, early care and education, and after school programs. Millions are reported abused and neglected each year. Millions more live in poverty.

Our newly elected officials must now make good on campaign promises to do something about it. Contact your federal, state, and local policy makers and urge them to adopt a plan to address the needs of children.

Push them to focus on health care, child abuse, school readiness, homelessness, mental health, the lack of quality child care, and other issues affecting America's children and families.

Do not fade into the background now that the campaign season is over. **Continue to advocate for the needs of children, because those needs will not disappear on their own.** Let the voice of our children be heard through you!



CHW Area: Cerro Gordo, Hancock, Worth

The Mason City area office of Child Care Resource and Referral is pleased to announce the addition of a new staff member. Anne Plagge was hired as the new QRS Support Specialist and began her work in the Cerro Gordo, Hancock, and Worth County Empowerment Area in late October.

Ms. Plagge is dedicated in work with the other CCR&R Mason City area office staff to assist child development homes, centers and preschools with achieving the standards linked to the Iowa Quality Rating System. Ms. Plagge is responsible for assisting programs with the development and implementation of program quality improvement plans through on-site consultation and technical assistance.



There are still limited opportunities for Cerro Gordo, Hancock and Worth County child care and early education providers to receive program support and resources:

Program Quality Improvement Resources: These resources are intended to help providers obtain a QRS rating.

Resources are linked to QRS standards: DHS child care regulations, Quality Preschool Program Standards (QPPS), ChildNet Certification, Environmental Rating Scales (FCCERS, ITERS, ECERS), Child Development Associate (CDA), and national early childhood program accreditations.

To obtain an application, contact Anne Plagge, QRS Support Specialist at (641) 424-9559 or toll free at (866) 424-9559. Once applications are approved, a provider or program director will develop a Quality Improvement Plan in consultation with a CCR&R consultant and agree to submit a QRS application (if not already rated).

CPR and First Aid Training: CPR and First Aid Vouchers are available to Cerro Gordo, Hancock and Worth County early care and education providers. Each voucher is good for \$20.00 toward one class in CPR or First Aid. If you are taking both CPR and First Aid, you will need 2 vouchers. Vouchers are offered on a first-come, first-served basis. Providers wishing to utilize vouchers need to first register for a CPR and/or First Aid training. Then contact the Mason City office of Child Care Resource and Referral at (641) 424-9559 or (866) 424-9559 to apply for a voucher(s). All other costs involved in the training are the sole responsibility of the provider.

Teacher re-licensure credit is available. To register for this opportunity visit www.aea267.k12.ia.us for the Positive Behavior Supports training being offered. At the top of the home page, click on the 'Professional Development' link, and then the 'AEA 267 Offerings' link. You must have an existing account or create an account in order to register for the course. Course #: 3438

This professional development offering is being presented through a collaborative effort between AEA 267 and Child Care Resource and Referral of Northeast Iowa.

HAWC Area: Howard, Allamakee, Clayton, Winneshiek

On Saturday, November 1, the second annual Child Care Bonanza was held at the NICC Dairy Center in Calmar.

It was a very successful conference filled with learning and laughter. Fifty-one participants enjoyed the sessions on Early Access, literacy, bullying, and T.E.A.C.H.

Keynote speaker Gale Mote kept all laughing and actively involved with her motivational presentation titled "Blessed are They Who are Flexible!"

She encouraged all to see they are responsible for their own success,

saying "Your life today is a result of your attitude and choices you made yesterday. Your life and success tomorrow will be a result of your attitude and the choice you make today!"

Twenty new inquiries from prospective child care providers have been received since July, and of those eight have completed their first visit.

The number of registered providers continues to increase. Five providers have recently been ChildNet certified.

The fall ChildNet class had 22 participants. These individuals are now eligible for ChildNet certification and will accordingly move up on the QRS scale.

Many preschools throughout the four counties have expressed new interest in the Quality Rating System. It is great to see the commitment to quality in the HAWC area!



for questions & qualifications contact:
Iowa Association for the Education of Young Children
 (515) 331-8000 | www.iowaayec.org

BBFG Area: Bremer, Butler, Franklin, Grundy

The Early Education Calendar is now available. It is free to families with children who are 0-5 years old and live in Bremer, Butler, Franklin, and Grundy counties. This calendar was funded by Together 4 Families-Empowerment and contains ideas for fun activities, recommended books, and health & safety tips. Local schools and community resources are also included. If you would like a calendar, please call Lynne at (319) 267-2644 or (877) 635-9455.

Congratulations

These providers have recently become ChildNet certified. ChildNet certification is a measure of improving quality in child care. These providers use best practices to enhance the care they provide every day.

Julie Hannemann • Worth
 Carrie Weichman • Black Hawk
 Brenda Langreck • Winneshiek
 Molly Scherf • Clayton
 Hazel Isabell • Black Hawk
 Laura Kirchner • Winneshiek
 Melissa Johnson • Black Hawk
 Kim Sallee • Fayette
 Missy Gray • Black Hawk
 Wanda Lacy & Tylyn Lacy • Clayton
 Joy Klein & Janis Theis • Franklin
 Chasity Huber • Mitchell

Alison Daringer, Edvija Ikanovic, Angela Joy, and Bahrija Porcic, completed the Apprenticeship Program in December and will receive a Child Care Development Specialist certificate from the Department of Labor. Alison Daringer works for Kool Kids Child Care, Inc. Edvija Ikanovic and Bahrija Porcic work for Tri-County Head Start at Kittrell Elementary School. Angela Joy works at AtoZ Learning Center & Day Care on West 4th Street. The formal education is provided by Hawkeye Community College.

Janet Everts completed the Teacher Education program at Upper Iowa University in December. Janet received her Bachelor Degree in Pre-K-3rd grade and is currently employed with Tri-County Head Start.

Janet, Alison, Edvija, Angie, and Bahrija are professional providers committed to improving the quality of care in the Cedar Valley. The scholarship programs are funded through Cedar Valley's Promise and coordinated through Child Care Resource & Referral, a program of Exceptional Persons, Inc.

Cynthia "Cyd" Klein, RN, BSN, MA, Child Care Nurse Consultant for Child Care Resource & Referral in Dubuque County recently completed the National Program for Playground Safety Course. She successfully completed the Safe Certification Exam in August. Congratulations Cyd!



QRS Rising Stars

Congratulations to these Child Care Providers! The following childcare providers have applied for the Iowa Quality Rating System and received the rating that they applied for. Thank you for your commitment to improving the quality of care for Iowa's children. You can do it too! For more information on this program please contact Northeast Iowa QRS Specialist, Mary Janssen, at (319) 233-0804 ext. 206.

Child Development Homes

Level 4

Angela Robinson - Janesville

Level 3

Molly Larson - Hudson
 Julie Mills - Waterloo

Level 2

Mary Davis - McGregor
 Lori Olson - Shell Rock
 Sandra Amundson - Charles City
 Kate Barloon - Independence
 Cheryl Harms - Monona
 Denise Lough - Cedar Falls
 Tarra Stangl - Charles City
 Cheri Starling - Independence
 Brenda Stone - Gilbertville
 Mary Gordon - Dubuque
 Shawna Kahler & Deanna Armstead - Independence
 Wanda Lacy & Tylyn Lacy - Guttenberg
 Dawn Langreck - Ridgeway

Level 1

Hannah Sawvell - Waukon
 Cindy Young - Dyersville
 Debra Amunrud - Dubuque
 Toni Eckstein - Dubuque
 Darci Felder - Decorah
 Amanda Haas - Dubuque
 Michelle Heer - Dubuque
 Maureen Hrdlicka - Decorah
 Merilee Johnson - Lime Springs

Karen McClain - Dubuque
 Wendy Vorwald - Cresco
 Shanna Holzwarth - Waukon
 Rebecca Scheidel - Cresco

Child Care Centers or Preschool

Level 4

A to Z Learning Center and Daycare (Donald Street site)
 Executive Director: Christine York
 Onsite Director: Meggan Kopsa
 Waterloo

Community United Child Care Centers (Nordic Drive site)
 Executive Director: Susan Dehl
 On-site director: Barb Arndt
 Cedar Falls

Community United Child Care Centers (Valley Park site)
 Executive Director: Susan Dehl
 On-site director: Stephanie Egan-Holtz
 Cedar Falls

St. Joseph's the Worker Childhood Center
 Director: Tammy Pierro
 Dubuque

Level 3

C.F.S. Catholic Preschool
 Principal: Katie Schmitt
 Calmar

Holy Ghost Catholic Child Care
 Lead Teacher: Shelly Theisen
 Dubuque

LaSalle Catholic Preschool (LaSalle Catholic School)
 Lead teacher: Amy Kruss
 Luxemburg

Level 2

First Kids Preschool and Child Care
 Director: Susan Heichel
 Cedar Falls

Kids Kampus Community Child Care
 Director: Lynette Pinchard
 Guttenberg

Lake Mills Community Preschool and Daycare
 Director: Jennifer Sauer
 Lake Mills

Postville Child Care Services, Inc
 Director: Katie Hageman
 Postville

Ossian De Sales Preschool
 Principal: Mae Becker
 Ossian

Make Sure Your Training Counts

To receive credit, training must be approved by the Iowa Department of Human Services. Training received in a group setting must be conducted by a trainer or using curriculum or training materials developed or obtained from one of the following sources. If one of these groups is sponsoring a training it is **automatically approved**.

- Accredited Universities Colleges
- Community Colleges
- ISU Extension
- CCR&R
- Hospitals
- Red Cross Services
- American Heart Association
- National Safety Council
- Medic First Aid
- Head Start
- Regent's Center
- CACFP and WIC
- Iowa Professional Associations (IAEYC, IFCCA, etc.)
- National Professional Associations (NAEYC, American Academy of Pediatrics, etc.)
- State Departments of Health, Education, & Human Services
- Area Education Agencies

Approved training will be made available to Iowa child care providers through the child care provider training registry beginning July 1, 2009. Self-study training packages approved by the department include curriculum developed and materials distributed by:

- Department child care licensing consultants
- Iowa State University Extension
- Child Care Resource & Referral

The following are **reviewed and unapproved** professional development activities for child care providers:

- Child Care Support Network, WI
- Kids Place Up
- Love & Logic
- FunShine Express
- Exchange Everyday
- MB&A
- Smart Discipline
- Child Care Lounge
- Smart Horizons/NACCP
- Emergency Care & Safety Institute CPR & First Aid

Do Online CPR Classes Count? Online CPR classes do not provide hands on practice and demonstration of skills and therefore are not accepted by the Iowa Department of Human Services for CPR certification. The class must cover infant, child, and adult CPR, have course content, provide hands on practice and demonstration skills, and test to verify your knowledge. Before signing up for a CPR course not offered by the American Red Cross, American Heart Association, or a hospital, contact your local CCR&R office to be sure you are able to receive credit.

Bring Training Home

It is the hope of CCR&R that you will take what you have learned from our training opportunities and use it in your job or home. Incentives distributed at trainings are meant to help you put the training ideas into practice.

Please share with us how CCR&R training is working for you. Email stories and comments to amy.bentley@episervice.org or mail to Amy Bentley, Child Care Resource & Referral, P.O. Box 4090, Waterloo, 50704.

A sample of how Child Care Resource & Referral is meeting the needs of Iowa's child care community follows:

Thank you for providing me the opportunity to attend Handwriting without Tears. It was a very useful and hands-on method of teaching our little ones to write.

We were given a music CD and all we needed to get started. I began the next day.

Please know how much I appreciate the opportunity to improve my teaching.

Mary Ann Noland • Pre-Kindergarten Teacher



Where excellence and convenience in professional development meet.

Eager-to-Learn trainings are approved by the Iowa Department of Human Services as group trainings which meet annual training requirements for child care providers.

www.eagertolearn.org

Online Training Available

Complete training from home through distance learning online! Several online courses have been approved for training credit in Iowa.

These education courses are designed specifically for early childhood and child care professionals. Classes are available to use towards a CDA, NAC, or just to meet training requirements.

Online learning is available in two forms – webinars and self-study classes. Webinars are short sessions presented in “real” time. They meet at a specific time and participants communicate with instructors and each other through the internet, microphones, and possibly even phone lines.

Self-study classes are set training plans that can be accessed day or night, anytime which is convenient for

you. Self-study classes do not offer live interaction with instructors.

To participate in online learning you need access to a computer. It does not have to be your own. Check out local resources for available options, such as libraries and colleges. You need to be able to use the required technology properly and possess the commitment and discipline to complete course requirements.

The Iowa Department of Human Services has approved online courses from the following organizations:

- Care Courses - www.carecourses.com
- Child Care Education Institute - www.cceionline.com
- National Association of Family Child Care - www.nafcc.org
- Eager to Learn - <http://etl.mnchildcare.org/index.html>

Iowa DHS Professional Development Requirements

Following are guidelines for the professional development you need to complete each year.

Center & Preschool Staff

Within the first six months of employment:

- Training for mandatory reporter of child abuse using a curriculum approved by the Iowa Department of Health. This must be repeated every five years.
- One hour of Universal Precautions and Infections Disease Control. This must be repeated annually.

Within the first year of employment – Center Directors and Supervisors:

- Certification in infant, child, and adult CPR and First Aid.
- 10 contact hours of training. After the first year, 8 contact hours annually.

Within the first year of employment - Staff employed over 20 hours a week:

- Certification in infant, child, and adult CPR and First Aid.
- 10 contact hours of training. After the first year, 6 contact hours annually.

Within the first year of employment – Staff employed fewer than 20 hours per week:

- 5 contact hours of training. After the first year, 4 contact hours annually.
- Do not need to be CPR or First Aid certified. However, at least one staff member must be present at any given time that is certified in child, infant, and adult First Aid and CPR.

Child Development Home Providers

Owner and co-provider:

- CPR, First Aid, and Mandatory Reporter (Must initially complete in first 3 months)
- If not ChildNet certified - 12 contact hours annually, first year must include 2 hours of health and safety
- If ChildNet certified - 16 hours annually

Substitutes: CPR, First Aid, and Mandatory Reporter
Assistants: Mandatory Reporter.

**Staff employed in summer only programs: Do not need to be CPR or First Aid certified as long as a certified staff member is always present.*

**Staff and providers who have completed a comprehensive training package of at least 10 contact hours offered through a CCR&R I agency or community college within six months prior to initial employment shall have the first year's contact hours waived.*



IA PITC Academy for Center Directors

The Iowa Child Care Resource & Referral (CCR&R) Network is developing a new Iowa Program for Infant Toddler Care (IA PITC) Academy for child-care center directors, board members and owners; Early Head Start directors; and school-based infant toddler program administrators.

The purpose of this three-day academy is to introduce directors and administrators to the IA PITC philosophy of

care and support services available to you as you strive to continually improve your infant toddler programs. We anticipate that this Academy will be an annual event. The first Academy will be offered in late July or early August of 2009. More information will be coming soon! Funding for this event is provided by the Iowa Department of Human Services through the Child Care Development Fund.

Conferences & Classes of Interest

National Administrator Classes (NAC): This is your opportunity as an owner or director to be credentialed by the National Child Care Association, earn three college credits, earn four continuing education units (CEUs). The NAC is a prestigious award for directors who successfully complete a comprehensive course on administrative responsibilities. To register for NAC visit www.nccanet.org and click on the left-side purple box labeled NAC/CCP and choose the National Administrator link. If you need assistance or have questions, please contact your local CCR&R office. Many classes are offered in Iowa.

January 19-23, 2009	Spencer, IA	February 23-27, 2009	Independence, IA
March 9-13, 2009	Des Moines, IA		

See How They Grow: Waterloo, IA
March 28, 2009
Registration information will be mailed in February

Iowa Family Child Care Association Annual Spring Conference: Cedar Rapids, IA
March 15, 2009
Register online at www.iowafamilychildcare.org/conference.htm

National AfterSchool Association 2009 Convention: New Orleans, LA
April 2-4, 2009
Register online at www.naaconvention.org/register.html

Early Childhood Iowa Congress & Day on the Hill: Des Moines, IA
February 10-12, 2009
Registration information not available yet

National Association of Family Child Care 2009 Conference: Baltimore, MD
June 25-27, 2009
Register online at www.nafcc.org/conferences/2009Baltimore.asp

CCR&R Training & Attendance Policy

Late Arrival/Early Departure Policy: Participants arriving more than 10 minutes late for a class will not receive credit. Anyone leaving early will not receive credit. You must attend from the beginning through the end to receive training credit for the class.

Cancellation Policy: In the event that a training needs to be canceled CCR&R will make every reasonable effort to contact individuals enrolled in the class. Please provide us with accurate contact information when registering.

Professional Behavior Policy: Courteous behavior is expected from all class participants. Cell phones

should be turned off or set to vibrate. Any calls that must be completed should be taken outside of the classroom. To enhance the learning opportunities for child care providers and to enhance their opportunities to fully participate, children are not allowed to be present during CCR&R sponsored training.

Individuals displaying disruptive behavior may be asked to leave the class at the discretion of the instructor, facilitator, and/or CCR&R staff. Such an incident will be later discussed with the instructor, CCR&R staff, the offending participant, and, if applicable, the participant's employer/supervisor. CCR&R reserves the right

to withhold a participant's training certificate.

Accommodations for Disabilities: Child Care Resource and Referral will make every effort to provide reasonable accommodations for people with disabilities. If you require accommodations for a training, please contact your local Child Care Resource and Referral office.

If you have signed up for a training and will not be able to attend, please call and cancel. Your spot can be given to someone on the waiting list.

Foundational Training Course Descriptions & Calendar

Note: Not all training is listed

Only those trainings which are taking registrations after January 1 are listed - this is not a listing of all of the trainings taking place. For series in-progress or to make up a session, contact your local CCR&R office or visit us online for more options.

Youth Sun Safety: Child Care Nurse Consultants will present on health and safety issues regarding sun safety.

Winnebago	TBA	Tues, Mar 28 • 6:30-8:30 pm	Register with Shelly (641) 585-1721
Clear Lake	AEA 267 • 9184B 265th ST	Tues, Apr 14 • 6:30-8:30 pm	Call (866) 424-9559 to register
Charles City	Sleep Inn • 1416 S Grand Ave	Tues, Apr 21 • 6:30-8:30 pm	Register with Sara (866) 394-4854
Cedar Falls	AEA 267 • 3712 Cedar Heights Dr	Mon, May 4 • 6:30-8:30 pm	Register with Nancy (800) 475-0804
Dubuque	TBA	Tues, May 24 • 6:30-8:30 pm	Call (866) 296-5331 to register
Allison	CCR&R Office • 101 Cherry St	Tues, May 21 • 6:30- 8:30 pm	Call (877) 635-9455 to register

Infant Toddler Environmental Rating Scale: The environmental rating scales are designed to assess process quality in early childhood care. The scales are based on a comprehensive, broad-based definition of quality. This definition has three major components: protection (health and safety), building relationships (social-emotional development, independence, discipline, interaction, etc.) and stimulation through hands-on activities (nature/science, language, math, art, sand/water, gross and fine motor activities, etc). You must attend all four sessions of the training. To register, call Mary at (800) 475-0804 or register at www.neiowachildcare.org.

	West Union	Cedar Falls
	West Union Library 210 N Vine St	AEA 267 3712 Cedar Heights Dr
Beginning with the Scale	Tues, Mar 24 • 6:30-8:30 pm	Mon, Mar 23 • 1:00-3:00 pm
Speaking the Language	Tues, Mar 31 • 6:30-8:30 pm	Mon, Mar 30 • 1:00-3:00 pm
Practice with a Purpose	Tues, Apr 14 • 6:30-8:30 pm	Mon, Apr 6 • 6:30-8:30 pm
Making the Scale Work for Me	Tues, Apr 21 • 6:30-8:30 pm	Mon, Apr 13 • 6:30-8:30 pm

ChildNet: ChildNet is a regional series that lays the foundation for operating a family child care business. It consists of 10 sessions, each of which is 2 ½ hours long. You must attend all 10 sessions. Participants will study practices relevant to early childhood care and education and small business practice. Home providers who complete a ChildNet series can use it to fulfill 2 years of training requirements. ChildNet certification is part of Level 2 of the Iowa Quality Rating System. Dinner is always served before class at 6:00 pm.

	Garner	Waterloo	Dubuque
	Garner Education Center	EPI Deery Center	CCR&R Office
	325 W 8th St	3675 University Ave	1789 Elm St. Suite B
	Register with Molly	Register with Jen	Register with Cherie
	(866) 424-9559	(319) 233-0804	(563) 557-1628
A More Professional You	Mon, Jan 19 • 6:30-9:00 pm	Mon, Jan 12 • 6:30-9:00 pm	Thur, Jan 15 • 6:30-9:00 pm
Creating Learning Spaces	Mon, Jan 26 • 6:30-9:00 pm	Mon, Jan 19 • 6:30-9:00 pm	Thur, Jan 22 • 6:30-9:00 pm
The Growing Child	Mon, Feb 2 • 6:30-9:00 pm	Mon, Jan 26 • 6:30-9:00 pm	Thur, Jan 29 • 6:30-9:00 pm
Activities for Early Learning	Mon, Feb 16 • 6:30-9:00 pm	Mon, Feb 2 • 6:30-9:00 pm	Thur, Feb 5 • 6:30-9:00 pm
Keeping the Peace	Mon, Feb 23 • 6:30-9:00 pm	Mon, Feb 9 • 6:30-9:00 pm	Thur, Feb 12 • 6:30-9:00 pm
It's Your Business	Mon, Mar 2 • 6:30-9:00 pm	Mon, Feb 16 • 6:30-9:00 pm	Thur, Feb 19 • 6:30-9:00 pm
GERMS: Yours, Mine, and Ours	Mon, Mar 9 • 6:30-9:00 pm	Mon, Feb 23 • 6:30-9:00 pm	Thur, Feb 24 • 6:30-9:00 pm
What's Cooking	Mon, Mar 16 • 6:30-9:00 pm	Mon, Mar 2 • 6:30-9:00 pm	Thur, Mar 5 • 6:30-9:00 pm
We All Belong	Mon, Mar 23 • 6:30-9:00 pm	Mon, Mar 9 • 6:30-9:00 pm	Thur, Mar 12 • 6:30-9:00 pm
Invest in Yourself	Mon, Mar 30 • 6:30-9:00 pm	Mon, Mar 16 • 6:30-9:00 pm	Thur, Mar 19 • 6:30-9:00 pm

Business Practices: Discussions will include contracts and policies, recordkeeping, liability, marketing, and business practices. Participants will receive a \$175 business kit for attending. Must attend both sessions.

	Charles City	Allison	Waterloo
	Sleep Inn	CCR&R Office	Deery Center
	1416 S Grand Ave	101 Cherry St	3675 University Ave
	Register with Sara	Register by calling	Register with Lori
	(866) 394-4854	(319) 267-2644	(319) 233-0804
Contracts & Policies	Wed, Mar 4 • 6:00-9:00 pm	Thur, Feb 12 • 6:00-9:00 pm	Thur, Jan 22 • 6:00-9:00 pm
Recordkeeping	Wed, Mar 11 • 6:00-9:00 pm	Thur, Feb 19 • 6:00-9:00 pm	Thur, Jan 29 • 6:00-9:00 pm

Positive Behavior Supports (PBS) for Children 3-5: A new initiative in Iowa, PBS is a research based way to introduce, model, and reinforce positive social behavior by teaching behavior expectations. The emphasis is on a system of support that includes proactive strategies for defining, teaching, and supporting appropriate student behavior to create a positive environment.

Decorah	Clear Lake
CCR&R Office 1111 Paine St	AEA 267 9184 265th Ave
Register with Teri at (563) 382-4447	Register at www.aea267.k12.ia.us
Sat, Jan 31 • 8:00 am-Noon	Wed, Feb 4 • 5:30-8:30 pm
Sat, Feb 28 • 8:00 am-Noon	Wed, Feb 18 • 5:30-8:30 pm
Sat, Mar 28 • 8:00 am-Noon	Wed, Mar 4 • 5:30-8:30 pm
	Wed, Mar 18 • 5:30-8:30 pm
	Wed, Mar 25 • 5:30-8:30 pm

Beyond Business Basics: Beyond Business Basics is a 32-hour foundational series that expands on topics introduced in Welcome to Child Care, Welcome to School Age Care, ChildNet, and Business Practices. It is broken into two modules. The Quality Module addresses topics critical to providing quality child care. The Financial Module focuses on running a successful business in both home and center settings.

Quality Module

	Ossian	Dubuque	Allison
	South Winn Schools	Keystone AEA	Butler Co. Mutual Ins. Bldg.
	208 E Brooks	2310 Chaney Rd	101 Cherry St
	Register with Teri	Register with Cherie	Register with Joy
	(563) 382-4447	(866) 296-5331	(877) 635-9455
Meeting Child Care	Mon, Jan 15 • 6:30-8:30 pm	Sat, Mar 4 • 8:00-10:00 am	Wed, Jan 14 • 6:30-8:30 pm
Regulations in Iowa			
Committing to Quality	Sat, Jan 10 • 8:00-10:00 am	Sat, Mar 4 • 10:00-12:00 pm	Wed, Jan 21 • 6:30-8:30 pm
Taking the Fear out CACFP	Sat, Jan 10 • 10:00 am-Noon	Sat, Mar 14 • 8:00-10:00 am	Wed, Jan 28 • 6:30-8:30 pm
Creating Family Partnerships	Mon, Jan 12 • 6:30-8:30 pm	Sat, Mar 14 • 10:00-12:00 pm	Wed, Feb 4 • 6:30-8:30 pm
Making a Difference	Mon, Jan 19 • 6:30-8:30 pm	Sat, Mar 21 • 8:00-10:00 am	Wed, Feb 11 • 6:30-8:30 pm
Resolving Ethical Dilemmas	Sat, Jan 24 • 8:00-10:00 am	Sat, Mar 21 • 10:00 am-Noon	Wed, Feb 18 • 6:30-8:30 pm
Standards & Curriculum	Sat, Jan 24 • 10:00 am-Noon	Sat, Mar 21 • 12:30-2:30 pm	Wed, Feb 25 • 6:30-8:30 pm
Professional	Mon, Jan 26 • 6:30-8:30 pm	Sat, Mar 21 • 2:30-4:30 pm	Wed, Feb 4 • 6:30-8:30 pm
Development Pathways			

Financial Module

	Ossian	Dubuque	Allison
	South Winn Schools	Keystone AEA	Butler Co. Mutual Ins. Bldg.
	208 E Brooks	2310 Chaney Rd	101 Cherry St
	Register with Teri	Register with Cherie	Register with Joy
	(563) 382-4447	(866) 296-5331	(877) 635-9455
Professionalism &	Mon, Feb 2 • 6:30-8:30 pm	Sat, Apr 18 • 8:00-10:00 am	Wed, Mar 11 • 6:30-8:30 pm
Communication Skills			
PEACE: Policy Enhancement &	Sat, Feb 7 • 8:00-10:00 am	Sat, Apr 18 • 10:00 am -Noon	Wed, Mar 18 • 6:30-8:30 pm
Contract Enforcement			
Working with Employees	Sat, Feb 7 • 10:00 am -Noon	Sat, Apr 18 • 12:30-2:30 pm	Wed, Mar 25 • 6:30-8:30 pm
Minimizing Your Insurance Risks	Mon, Feb 9 • 6:30-8:30 pm	Sat, Apr 18 • 2:30-4:30 pm	Wed, Apr 1 • 6:30-8:30 pm
Grant Writing	Mon, Feb 16 • 6:30-8:30 pm	Sat, Apr 25 • 8:00-10:00 am	Wed, Apr 8 • 6:30- 8:30 pm
Financial Management	Sat, Feb 21 • 8:00-10:00 am	Sat, Apr 25 • 10:00-Noon	Wed, Apr 15 • 6:30-8:30 pm
Marketing	Sat, Feb 21 • 10:00 am -Noon	Sat, Apr 25 • 12:30-2:30 pm	Wed, Apr 22 • 6:30-8:30 pm
Putting it All Together	Mon, Feb 23 • 6:30-8:30 pm	Sat, Apr 25 • 2:30-4:30 pm	Wed, Apr 29 • 6:30- 8:30 pm

Mandatory Child Abuse Reporter Training and Universal Precautions: Centers and preschools are required to take one hour of Universal Precautions training during the first six months of employment. It must then be repeated annually. All center & preschool staff and home providers must complete Mandatory Child Abuse Reporter Training. Once completed, you will not need to repeat the training for five years. Register online at www.neiowachildcare.org. Classes are on Thursday, March 26. Universal Precautions from 6:30-7:30 pm and Mandatory Child Abuse Reporter Training from 7:30-9:30 pm

Independence	Independence High School • 514 5th Ave SE
Forest City	Forest City High School • 206 W School St
Allison	North Bulter Middle School • 513 Birch St
Charles City	Charles City High School • 1 Comet Dr
Cedar Falls	AEA 267 Cedar Falls • 3712 Cedar Heights Dr
Waterloo	West High School • Baltimore & Ridgeway
Mason City	North Iowa Area Community College • 500 College Dr
Dubuque	Archdiocesan Pastoral Center • 1229 Mount Loretta
Dubuque	Dubuque Community School District Forum • 2300 Chaney

Every Child Reads: Every Child Reads literacy training will give you strategies to use to help young children develop the background knowledge and language skills essential to their future school success. You will be asked to plan and teach lessons with children at your location using the methods taught in class. Participants will receive 20 children's books and teacher's resources for completing the entire series

<i>Charles City</i>	<i>Sleep Inn 1416 S Grand Ave</i>	<i>Register with Sara (866) 394-4854</i>
Overview & Language Principle 1	Wed, Mar 18 • 6:00-9:00 pm	
Language Principle 2 & 3	Wed, Mar 25 • 6:00-9:00 pm	
Reading Principle 1 & 2	Wed, Apr 1 • 6:00-9:00 pm	
Reading Principle 3	Wed, Apr 8 • 6:00-9:00 pm	
Writing Principle 1 & 2	Wed, Apr 22 • 6:00-9:00 pm	
Writing Principle 2 & 3	Wed, Apr 29 • 6:00-9:00 pm	

<i>Cedar Falls</i>	<i>AEA 267 3712 Cedar Heights Dr</i>	<i>Register with Becky (319) 233-0804</i>
Overview & Language Principle 1	Tues, Jan 13 • 5:30 - 8:30 pm	
Language Principle 2	Tues, Jan 20 • 5:30 - 8:30 pm	
Reading Principle 1	Tues, Feb 3 • 5:30 - 8:30 pm	
Reading Principle 2	Tues, Feb 17 • 5:30 - 8:30 pm	
Writing Principle 1, 2, & 3	Tues, Mar 3 • 5:30 - 8:30 pm	

Welcome to Child Care: Designed to orient those just entering the child care field or provide a refresher for more experienced providers. You will learn about age-appropriate activities, routines, guidance, health, and communication as well as have an opportunity to network with other child care professionals. The foundational series consists of 5 sessions totaling 10 hours.

	Cedar Falls AEA 267 3712 Cedar Heights Dr Register with Curt (319) 233-0804	Clear Lake AEA 267 9184B 265th ST Register with Lori, Molly, or Anne (866) 424-9559	Independence Early Childhood Learning Ctr 1009 1st St W Register with Lisa (866) 655-7420
Becoming an Early Childhood Professional	Wed, Apr 1 • 6:30-8:30 pm	Tues, Feb 17 • 6:00-8:00 pm	Tues, Mar 3 • 6:30-8:30 pm
Welcome to Your New Classroom	Wed, Apr 8 • 6:30-8:30 pm	Tues, Feb 24 • 6:00-8:00 pm	Tues, Mar 10 • 6:30-8:30 pm
Healthy and Safe Places for Children	Thur, Apr 16 • 6:30-8:30 pm	Tues, Mar 3 • 6:00-8:00 pm	Tues, Mar 17 • 6:30-8:30 pm
Reducing the Health Risks in Child Care	Wed, Apr 22 • 6:30-8:30 pm	Tues, Mar 10 • 6:00-8:00 pm	Tues, Mar 24 • 6:30-8:30 pm
Understanding and Guiding Young Children	Wed, Apr 29 • 6:30-8:30 pm	Tues, Mar 17 • 6:00-8:00 pm	Tues, Mar 31 • 6:30-8:30 pm

Preschool and Infant/Toddler Curriculum: Both a Preschool Curriculum and an Infant & Toddler Curriculum are offered. The Preschool Curriculum is designed for early childhood programs serving children age 3-5. The Infant & Toddler Curriculum is designed for programs serving infants and toddlers. Based on a firm foundation of research, the Curriculum meet new requirements for addressing academic content appropriately. Module 2 gives participants hand-on, in-depth experiences with activities from the Curriculum. Module 1 must be completed prior to taking classes from Module 2.

<i>Preschool Curriculum Module 1</i>	<i>• Cedar Falls AEA 267 - 3712 Cedar Heights Dr Register with Curt (319) 233-0804</i>
How Children Develop and Learn	Tues, Jan 13 • 6:30-9:00 pm
The Learning Environment	Tues, Jan 20 • 6:30-9:00 pm
What Children Learn	Tues, Jan 27 • 6:30-9:00 pm
The Teacher's Role	Tues, Feb 3 • 6:30-9:00 pm
The Family's Role	Tues, Feb 10 • 6:30-9:00 pm

<i>Infant Toddler Curriculum Module 1</i>	<i>• Cedar Falls AEA 267 - 3712 Cedar Heights Dr Register with Curt (319) 233-0804</i>
Setting the Stage	Tues, Jan 13 • 6:30-9:00 pm
Creating a Responsive Environment	Tues, Jan 20 • 6:30-9:00 pm
What Children are Learning	Tues, Jan 27 • 6:30-9:00 pm
Caring and Teaching	Tues, Feb 3 • 6:30-9:00 pm
Building Partnerships with Families	Tues, Feb 10 • 6:30-9:00 pm

<i>Preschool Curriculum Module 2</i>	<i>• Cedar Falls AEA 267 - 3712 Cedar Heights Dr Register with Curt (319) 233-0804</i>
No session topics set at this time	Tues, Feb 24 • 6:30-8:30 pm
	Tues, Mar 3 • 6:30-8:30 pm
	Tues, Mar 17 • 6:30-8:30 pm
	Tues, Mar 24 • 6:30-8:30 pm

<i>Infant Toddler Curriculum Module 2</i>	<i>• Cedar Falls AEA 267 - 3712 Cedar Heights Dr Register with Curt (319) 233-0804</i>
No session topics set at this time	Tues, Feb 24 • 6:30-8:30 pm
	Tues, Mar 3 • 6:30-8:30 pm
	Tues, Mar 17 • 6:30-8:30 pm
	Tues, Mar 24 • 6:30-8:30 pm

<i>Preschool Curriculum Module 2</i>	<i>• Clear Lake - AEA 267 - 9184B 265th St</i>	<i>Register with Lori (641) 424-9559</i>
Toys and Games	Wed, Jan 7 • 6:00 - 8:00 pm	
Computers and Library	Wed, Feb 4 • 6:00 - 8:00 pm	
Dramatic Play	Wed, Mar 4 • 6:00 - 8:00 pm	
Blocks	Wed, Apr 1 • 6:00 - 8:00 pm	
Sand and Water	Wed, May 6 • 6:00 - 8:00 pm	
Outdoors	Wed, May 27 • 6:00 - 8:00 pm	

Terms used throughout the training calendar:

Foundational Series: CCR&R foundational series are available region-wide and are delivered in a standardized format. Training consists of multiple modules and/or sessions. Foundational Series are generally offered once in the first half of the financial year (July - December) and then again in the second half (January - June).

Module: A particular unit of a series. A module may consist of several sessions.

Session: A class in a series or module of a series.

Foundational Non-Series: Available regional-wide and delivered in a standardized format. Training consists of fewer than three sessions.

Additional Trainings: Local area offerings. May be offered as a series or non-series. Are not available region-wide and are not delivered in a standardized format.

Additional Area Training

ALLISON: Bremer, Butler, Franklin, Grundy Counties Register by calling (319) 267-2644 | (877) 635-9455

Storybook Extenders Series: Explore a variety of books in this series and leave each session with new ideas and materials to get the most out of your story time.

Winter Theme	CCR&R Office • 101 Cherry St, Allison	January 15 • 6:30 - 8:30 pm
Mouse Theme	King Memorial Library • 708 7th St, Grundy Center	February 26 • 6:30 - 8:30 pm
I Am Special Theme	Waverly Public Library • 1500 W Bremer Ave, Waverly	March 26 • 6:30 - 8:30 pm

Emergency Preparedness: Iowans are not strangers to emergencies. All Iowa child care centers/preschools and homes are required to have written emergency and disaster plans. Come discuss what should be included and how to protect yourself and the children in your care. Participants will receive FREE AM/FM weather alert radios and a backpack first aid kit. CCR&R Office • 101 Cherry St, Allison

CPR and First Aid

New CPR	CCR&R Office • 101 Cherry St, Allison	January 24 • 8:00 am - Noon
First Aid	CCR&R Office • 101 Cherry St, Allison	January 24 • Noon - 2:00 pm
CPR Recertification	CCR&R Office • 101 Cherry St, Allison	January 24 • 2:00 - 4:00 pm

Little Scientist: Hands on science experiments to do with your littlest scientists.

Sumner High School • 802 W 6th St, Sumner	February 24 • 6:30 - 8:30 pm
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DECORAH: Howard, Winneshiek, Allamakee, Clayton Counties Register by calling (563) 382-4447

Director's Meeting - Roles & Responsibilities of Boards: Come for an ICN presentation on responsibilities of a board, board recruitment and retention, and the role of the director in working with boards. Register with Teri.

Keystone AEA • 1400 2nd St NW, Elkader	February 9 • 6:30 - 8:30 pm
NICC Dairy Center • Highway 150, Calmar	February 9 • 6:30 - 8:30 pm

Math & Science....It's Easy! Learn to incorporate math and science activities into your daily routines. Using everyday materials, you will see how easy it is. Register with Teri.

Keystone AEA • 700 Ridgewood Dr, Decorah	March 16 • 6:30 - 8:30 pm
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Director's Meeting - Medicine Administration: Learn how to properly administer medication to children. Register with Teri. TBA

DUBUQUE: Dubuque County Register by calling (563) 557-1628 | (866) 296-5331

IPTV Ready to Learn Book Club Series: Book club is an Iowa Public Television sponsored program to supplement the Every Child Reads Series. Support literacy efforts and learn how to make books an important part of the lives of young children. The series will be held at the Keystone AEA located at 2310 Chaney Road in Dubuque.

ABC's	January 6 • 6:30 - 8:00 pm	Environment	April 7 • 6:30 - 8:30 pm
Feelings	February 3 • 6:30 - 8:00 pm	Read to Children	May 5 • 6:30 - 8:00 pm
Physical Activity	March 3 • 6:30 - 8:00 pm	Make-up Date	June 2

FOREST CITY: Winnebago County Register by calling (641) 585-1720

Provider Book Club Series: Book club is an Iowa Public Television sponsored program to supplement the Every Child Reads Series. Support literacy efforts and learn how to make books an important part of the lives of young children. A meal is served before each class at 6:00 pm. The series will be held at Forest City Immanuel Lutheran Church located at 246 S Clark Street. Please register with Shelly.

Winter	January 8 • 6:30 - 8:30 pm	Feelings	February 5 • 6:30 - 8:30 pm
Physical Activity	March 5 • 6:30 - 8:30 pm	Animals	April 2 • 6:30 - 8:30 pm
Environment	May 7 • 6:30 - 8:30 pm		

Kindergarten Readiness: School success begins at birth. Come discuss the developmental milestones birth-age 5 and the definition of school readiness. Register with Shelly.

Titonka Savings Bank • 101 Highway 69 N, Forest City	January 20 • 6:00 - 8:00 pm
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Visit www.neiowachildcare.org for an Online Calendar

INDEPENDENCE: Buchanan, Delaware, Fayette Counties Register by calling (319) 334-5900 | (866) 655-7420

Director's Meeting - Roles & Responsibilities of Boards: Come for an ICN presentation on responsibilities of a board, board recruitment and retention, and the role of the director in working with boards. Register with Keri. Independence High School • 514 5th Ave SE, Independence

NEW HAMPTON: Floyd, Mitchell, Chickasaw Counties Register by calling (641) 394-4854 | (866) 394-4854

Constructivist Workshops: Come discover physical science activities to share with your children. Participants will receive hands-on experience with the materials. Register with Sara.

Physics of Sound	Super 8 • 825 S Linn, Charles City	January 31 • 6:00 - 9:00 pm
Conflict Resolution	Super 8 • 825 S Linn, Charles City	January 31 • 1:00 - 4:00 pm

Fun with Food: As the grocery bill gets higher and kids get pickier about what they eat, food can be a real challenge. Discover how to cook once and eat twice as well as share ideas on involving children in food preparation. Register with Sara.

Sleep Inn • 1416 S Grand Ave, Charles City	February 19 • 6:30 - 8:30 pm
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WATERLOO/CEDAR FALLS: Black Hawk County Register by calling (319) 233-0804 | (800) 475-0804

Unfolding the Mysteries of the CDA: Candidates will learn about the CDA process and be prepared to take the initial steps toward applying for the credential. Plan on attending all four sessions. Register with Cathy.

All About the CDA	Deery Center • 3675 University Ave, Waterloo	January 21 • 6:00 - 8:30 pm
Taking Stock of Training/Developing Resource Collections	Deery Center • 3675 University Ave, Waterloo	February 4 • 6:00 - 8:30 pm
Getting Your Paperwork Ready	Deery Center • 3675 University Ave, Waterloo	February 18 • 6:00 - 8:30 pm
The CDA Home Stretch	Deery Center • 3675 University Ave, Waterloo	March 4 • 6:00 - 8:30 pm

Special Care: Come for an introduction to Inclusive Child Care. Learn some basic first steps of training and support for caring for a child with a disability. Plan on attending all four sessions. Register with Sarah.

Introduction to Inclusive Child Care	AEA 267 • 3712 Cedar Heights Dr, Cedar Falls	February 21 • 8:00 - 10:00 am
Building Relationships with Families	AEA 267 • 3712 Cedar Heights Dr, Cedar Falls	February 21 • 10:00 am - Noon
Community Resources	AEA 267 • 3712 Cedar Heights Dr, Cedar Falls	February 28 • 8:00 - 10:00 am
Ready, Set, GO!	AEA 267 • 3712 Cedar Heights Dr, Cedar Falls	February 28 • 10:00 am - Noon

DECA Protective Factor Kit Training: Look reflectively at children's behavior first through environment, curriculum, relationships, strategies, and then finally the individual child. Plan on attending all three sessions. Learn to use the DECA materials to enhance your environment for positive child outcomes. Register with Becky.

Defining Protective Factors	Deery Center • 3675 University Ave, Waterloo	January 21 • 6:30 - 8:00 pm
Building Resilience	Deery Center • 3675 University Ave, Waterloo	February 4 • 6:30 - 8:00 pm
Practice with Planning	Deery Center • 3675 University Ave, Waterloo	February 18 • 6:30 - 8:00 pm

Directors Meeting: First Five: Learn about the First Five program and what it can do for your center. Register with Curt. AEA 267 • 3712 Cedar Heights Dr, Cedar Falls

February 6 • Noon - 1:30 pm

Infant Toddler Constructivist Series: Come discover physical science activities tailored specifically for infants & toddlers. Participants will receive hands-on experience with the materials. Register with Curt.

Topic Not Yet Available	AEA 267 • 3712 Cedar Heights Dr, Cedar Falls	March 31 • 6:30 - 8:30 pm
Topic Not Yet Available	AEA 267 • 3712 Cedar Heights Dr, Cedar Falls	April 28 • 6:30 - 8:30 pm
Topic Not Yet Available	AEA 267 • 3712 Cedar Heights Dr, Cedar Falls	May 26 • 6:30 - 8:30 pm
Topic Not Yet Available	AEA 267 • 3712 Cedar Heights Dr, Cedar Falls	June 30 • 6:30 - 8:30 pm

MASON CITY: Cerro Gordo, Hancock, Worth Register by calling (641) 424-9559 | (866) 424-9559

Constructivist Workshops: Focus on physical science activities that allow young children to act on objects, observe, experiment and construct knowledge. Register with Lori, Molly or Anne.

Physics of Sound	AEA 267 • 9184B 265th St, Clear Lake	January 26 • 6:00 - 9:00 pm
Games	Garner Education Center • 325 W 8th Street, Garner	February 9 • 6:00 - 9:00 pm
Conflict Resolution	Manly Community Center • 106 S Broadway, Manly	March 9 • 6:00 - 9:00 pm
Bubbles	AEA 267 • 9184B 265th St, Clear Lake	April 15 • 6:00 - 9:00 pm
Water Dynamics	AEA 267 • 9184B 265th St, Clear Lake	May 4 • 6:00 - 9:00 pm